

**THE
EDUCATION
FUND 40 YEARS**

FOR EXCELLENCE IN MIAMI-DADE PUBLIC SCHOOLS

**2024
2025**



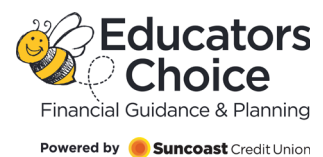
Ideas with

IMPACT

RESILIENCY/CLASSROOM MANAGEMENT

**Mood
Calming
Stickers**

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Resiliency Initiative

Mood Calming Stickers



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Goals and Objectives

Goals:

1. **Interdisciplinary Learning:** Integrate science, art, and environmental education to foster a holistic understanding of nature.
2. **Hands-on Engagement:** Encourage students to actively participate in collecting, preserving, and creating nature-based art.
3. **Environmental Stewardship:** Promote awareness and responsibility towards nature conservation and sustainable practices.

Objectives:

By the end of this project, students will:

1. Identify and collect various natural materials.
2. Apply techniques to press and preserve botanical specimens.
3. Create adhesive-backed stickers using preserved natural materials.
4. Develop artistic designs with nature stickers.
5. Reflect on the significance of nature and their creative process.
6. Demonstrate knowledge of plant diversity and conservation principles.

Florida Standards

SC.1.N.1.1 - Raise questions about the natural world, investigate them in teams through free exploration and systematic observations, and generate appropriate explanations based on those explorations.

SC.2.N.1.1 - Raise questions about the natural world, investigate them individually and in teams through free exploration and systematic observations, and generate appropriate explanations based on those explorations.

SC.3.N.1.1 - Raise questions about the natural world, investigate them individually and in teams through free exploration and systematic observations, and generate appropriate explanations based on those explorations.

SC.4.N.1.1 - Raise questions about the natural world, investigate them in teams through free exploration and systematic observations, and generate appropriate explanations based on those explorations.

SC.5.N.1.1 - Raise questions about the natural world, investigate them individually and in teams through free exploration and systematic observations, and generate appropriate explanations based on those explorations.

Course outline/Overview

Introduction to Mood Calming Stickers

- Discuss the importance of nature conservation and creative expression.
- Overview of the project and its objectives.

Nature Exploration

- Guided nature walks to collect diverse natural materials.
- Field journaling to document observations and findings.

Pressing and Preservation

- Demonstration of proper pressing techniques.
- Preparation and preservation of collected botanical specimens.

Sticker Making Process

- Introduction to sticker-making materials and methods.
- Step-by-step guidance on creating adhesive-backed nature stickers.

Creative Design

- Experimentation with arranging pressed materials into visually appealing stickers.
- Discussion on design principles and aesthetics.

Reflection and Discussion

- Group discussions on the significance of nature stickers.
- Reflections on the creative process and personal connections to nature.

Application and Sharing

- Ideas for using nature stickers in various contexts, such as interactive journals.
- Presentation of completed projects.

Environmental Awareness

- Exploration of ways to promote environmental stewardship through art.
- Discussion on the impact of individual actions on the environment.

Lesson Plans

Lesson 1: Introduction to Mood Calming Stickers

Objective: Understand the purpose and scope of the project.

Materials: Promethean board, computer, field guides, examples of nature stickers.

Steps:

1. Introduce the project and discuss the importance of nature conservation and creative expression.
2. Show examples of nature stickers and discuss their artistic and environmental significance. [▶ DIY STICKERS ~ handmade pressed flower stickers tutorial](#)
3. <https://www.youtube.com/watch?v=-u-4hXjKU8w>
4. Explain the project's goals and outline the upcoming activities.

Lesson 2: Nature Exploration

Objective: Collect diverse natural materials for the project.

Materials: Baskets, scissors, field guides, journals, pencils.

Steps:

1. Organize a guided nature walk.
2. Teach students how to safely collect plant materials.
3. Encourage students to document their findings in field journals.

Lesson 3: Pressing and Preservation

Objective: Learn proper techniques for pressing and preserving botanical specimens.

Materials: Flower press or heavy books, blotting paper, cardboard, newspaper.

Steps:

1. Demonstrate how to press flowers and leaves using a flower press or heavy books.
2. Show how to use blotting paper and cardboard to separate and preserve specimens.
3. Allow students to press and prepare their collected materials.

Lesson 4: Sticker Making Process

Objective: Create adhesive-backed stickers using preserved natural materials.

Materials: Adhesive-backed sticker paper, clear tape, tweezers, scissors, parchment paper.

Steps:

1. Introduce the materials and tools needed for making stickers.
2. Provide step-by-step instructions on how to create stickers.
3. Assist students in creating their own nature stickers.

Lesson 5: Creative Design

Objective: Design and arrange nature stickers into visually appealing compositions.

Materials: Completed stickers, paper, pencils, design templates.

Steps:

1. Discuss design principles and aesthetics.
2. Encourage students to experiment with different arrangements and compositions.
3. Allow time for students to create their final sticker designs.

Lesson 6: Reflection and Discussion

Objective: Reflect on the creative process and the significance of nature stickers.

Materials: Completed sticker projects, discussion prompts.

Steps:

1. Facilitate group discussions about the project and its impact.
2. Encourage students to share their reflections and personal connections to nature.
3. Discuss the broader significance of environmental art and conservation.

Lesson 7: Application and Sharing

Objective: Explore ways to use and share nature stickers.

Materials: Interactive journals, presentation tools, cards, etc.

Steps:

1. Brainstorm ideas for using nature stickers in various contexts.

2. Allow students to create interactive journals or other applications for their stickers.
3. Organize a presentation session for students to share their projects.

Lesson 8: Environmental Awareness

Objective: Promote environmental stewardship through art.

Materials: Research materials on conservation, participate in Earth Week activities.

Steps:

1. Discuss ways to promote environmental awareness through art.
2. Invite guest speakers, such as botanists or environmentalists, to share their insights.
3. Encourage students to think about how they can contribute to conservation efforts.

Materials Required

- **Nature collection materials:**
 - Baskets or containers for collecting natural specimens
 - Scissors or pruning shears
 - Field guides or reference books for identifying plants
- **Pressing and preservation equipment:**
 - Flower press or heavy books
 - Blotting paper or newspaper
 - Cardboard or stiff paper
- **Sticker-making supplies:**
 - Adhesive-backed sticker paper, parchment paper or sheets
 - Clear tape
 - Tweezers
 - Scissors
- **Classroom setup:**
 - Adequate table space for pressing and crafting activities
 - Access to natural outdoor gardens
 - Purchased dried flower from amazon for project
 - Display area for showcasing completed stickers
 - Magnifying glasses or microscopes

Where to buy resources:

1. Pressed Flowers



Amazon 140 Pcs Dried Pressed Flowers for Resin, Real Pressed Flowers Dry Leaves Bulk Natural Herbs Kit for Scrapbooking DIY Art Crafts, \$15.99



2. This item: Scotch Sure Start Packing Tape, Clear, Quiet Unwind and Easy Start, Moving Supplies, 1.88 in. x 22.2 yd., 6 Tape Rolls with Dispense \$11.99 on Amazon

3. Scissors (ask art teacher or purchase from amazon)



4. Amazon Basics Parchment Paper, 90 Sq Ft Roll \$5.26



5. 6 Pcs Rubber Tipped Tweezers Set Long Jewelry Tweezers for Jewelry Making Soft PVC Rubber Coated Tips Bent and Straight Flat Tip Tweezers Precision Tweezers for Crafts



6. Amazon 81 pcs DIY transparent dried flower bookmark set include clear bookmarks dried flowers. \$12.99

